



Saturday, November 7, 2026

**EMBASSY SUITES NORTHWEST ARKANSAS HOTEL, SPA &
ROGERS CONVENTION CENTER**
3303 Pinnacle Hills Parkway
ROGERS, ARKANSAS

Doors Open at 7:30am and Dancing Begins at 8am

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Sponsored by:



Register Online at <https://www.ifeis.net/>

Entry Fees

Family Registration Fee \$27*

Solo Grade Level Dancing (per competition) \$13

Preliminary Championship (3 rounds) \$55

Open Championship (3 rounds) \$55

Advanced Adult and Adult Championship (3 rounds) \$55

Second Chance Novice/Prizewinner (per competition) \$13

Dance Specials (per competition) \$15

Figure/Ceili Dancing (flat fee per dancer) \$15

Cultural competitions (Soda Bread/Visual Arts) \$10

Feis On-site Change/Advancement (Flat Fee per dancer) \$10 may incur additional registration charges due to level advancement, i.e. grades to PC

iFeis system fee (charged by ifeis per dancer) \$5

Family Maximum \$170* (excludes family registration fee, specials, figures/ceili dancing, iFeis fee, second chance, registration advancement fees, late fees, on-site registrations and changes including all entry/late fees, and merchandise)

***Family is defined as competitors living in the same immediate household who are registered together under a single family account, this includes siblings, parents, and legal guardians living at the same address.**

Regular online registrations close **Friday, October 23rd**. Afterwards the following Late Fees apply:

Late Fees

Late Registration fee (per dancer) \$25 Registrations made after October 23rd

New Registrations and changes with late registration fee are allowed online through **Monday, Nov. 2nd**. Any online changes and new registrations after this date will require Feis on-site registration.

Feis On-site New Registration Fee \$50 - New Feis Registrations may be accepted on-site at the discretion of the Feis Coordinator and will incur this fee in addition to other Entry fees. On-site fees will not be included in the Family Max.

Due to costs incurred to host this event, there is a no refund, no exception policy

Adjudicators & Musicians To Be Announced at Rincearkansas.com

Arkansas Feis Weekend	Saturday includes Team/Ceili dances, 2nd chance for Novice and Prizewinners, 3 rounds for PC dancers, and a set dance special for Novice/PW dancers providing great practice leading up to Oireachtas! Sunday is a recommended blackout/feis t-shirt competition and offers PC 2nd chance as well as a future champ/Oireachtas solos practice for Novice and PW level dancers!
Number Pick-up	Number cards will be alphabetized at Information Desk in Convention Center Friday, November 6th 6:00 – 8:00 PM Saturday, November 7th beginning at 7:30 AM Sunday, November 8th beginning at 7:30 AM
Host Hotel	Embassy Suites Northwest Arkansas – Hotel, Spa & Convention Center 3303 Pinnacle Hills Parkway, Rogers, AR 72758 Connected to Feis Venue—offers direct access, no extra driving or parking needed! Feis Group Rate: \$159 per night <i>Plus applicable taxes and fees</i> Click Here to Book Your Room By Phone: Call (479) 254-8400 and use Group Code 952 Amenities: Suites • Free made-to-order breakfast • Complimentary evening reception • On-site restaurant • Indoor pool • Pet-friendly rooms • Complimentary parking Reserve by October 8, 2026, or until block is filled.
Sunday Level Advancement	For dancers who advance Saturday at Arkansas State Championship & Feis: Changes to Sunday's Diamond State Feis registration must be initiated at the Registration Table before the conclusion of the Arkansas State Championship & Feis. Each dancer will incur a \$10 change fee plus additional registration fee charges if applicable (i.e. moving from grade level to champion) to be paid via iFeis or cash at the time of advancement (not counted in Family Maximum).
After online registrations are closed, the feis committee will make efforts to combine competitions with less than 5 competitors per Southern Region Rules. The final feis schedule will be published as soon as possible after the registration deadline. Registrations, advances or changes made after the final feis schedule printed, may affect group size and stage assignments. Please check www.ifeis.net for the most current stage schedule and follow the progress of competitions each day!	

FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first Feis. Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed). **Dancers competing in the First Feis category are limited to participating in the First Feis Category ONLY.**

FIRST FEIS	U6	U7	U8	U9	U10	U11	O11
REEL	106RL	107RL	108RL	109RL	110RL	111RL	112RL
LIGHT JIG	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ

BEGINNER 1 (BEGINNER)

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancer's second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes.

Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

BEGINNER	U6	U7	U8	U9	U10	U11	U12	O12
REEL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL
LIGHT JIG	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
SINGLE JIG	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN
SLIP JIG	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ

BEGINNER 2 (ADVANCED BEGINNER)

A dancer who has been dancing for more than one year and who has not won a 1st, 2nd or 3rd place as Beginner 2 dancer. A dancer who has won a 1st, 2nd or 3rd place in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed). ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS.

BEGINNER 2	U6	U7	U8	U9	U10	U11	U12	U13	O13
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ
SINGLE JIG	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ
HORNPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP
TRAD SET	306TS	307TS	308TS	309TS	310TS	311TS	312TS	313TS	314TS

NOVICE

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes).

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

NOVICE	U7	U8	U9	U10	U11	U12	U13	U14	O14
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ
SINGLE JIG	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ
*TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ
*HORNPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP
TRAD SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS
2 nd chance REEL	407RL2	408RL2	409RL2	410RL2	411RL2	412RL2	413RL2	414RL2	415RL2
2 nd chance SLIP JIG	407SJ2	408SJ2	409SJ2	410SJ2	411SJ2	412SJ2	413SJ2	414SJ2	415SJ2
*2 nd chance TREBLE JIG	407TJ2	408TJ2	409TJ2	410TJ2	411TJ2	412TJ2	413TJ2	414TJ2	415TJ2
*2 nd chance HORNPIPE	407HP2	408HP2	409HP2	410HP2	411HP2	412HP2	413HP2	414HP2	415HP2

PRIZEWINNER

A dancer moves into Prizewinner as a result of placing 1st in that dance. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes).

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

PW	U7	U8	U9	U10	U11	U12	U13	U14	O14
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ
*TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ
*HORNPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP
LIGHT JIG	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ
SINGLE JIG	507SN	508SN	509SN	510SN	511SN	512SN	513SN	514SN	515SN
TRAD SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS
2 nd chance REEL	507RL2	508RL2	509RL2	510RL2	511RL2	512RL2	513RL2	514RL2	515RL2
2 nd chance SLIP JIG	507SJ2	508SJ2	509SJ2	510SJ2	511SJ2	512SJ2	513SJ2	514SJ2	515SJ2
*2 nd chance TREBLE JIG	507TJ2	508TJ2	509TJ2	510TJ2	511TJ2	512TJ2	513TJ2	514TJ2	515TJ2
*2 nd chance HORNPIPE	507HP2	508HP2	509HP2	510HP2	511HP2	512HP2	513HP2	514HP2	515HP2

PRELIMINARY CHAMPIONSHIP (PC)

Preliminary Championships are open to those who, at any recognized Feis:

- Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
- Have never won 1st, 2nd or 3rd in Open Championship.

Effective Aug 1, 2026, a dancer who lives in the Southern Region, excluding Mexico, must receive **three** 1st place wins in Preliminary Championship competitions to advance to Open Championship. When a dancer wins 1st place in a **third** Preliminary Championship competition in any Region, they **MAY** move up to Open Championship competitions immediately, at the discretion of their dancing teacher. However, that dancer **MUST** move up to Open Championship competitions no later than one calendar year anniversary of the **third** Preliminary Championship win. (Note: the previous rule requiring **two** 1st place wins remains in effect for dancers living in Mexico.)

Dancers will perform: **48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance.**

PC	U9	U10	U11	U12	U13	U14	U15	U16	U17	O17
3 rounds	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

OPEN CHAMPIONSHIP (OC)

A dancer who wins three 1st Place awards in one calendar year will move on to Open Championship the following year, or as soon as the third win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of hornpipe or 48 bars of treble jig, and a Set Dance.

OC	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	O19
3 rounds	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	720OC

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

ADULT COMPETITIONS

Adult Grades

An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has not placed in the top 3 of a Prelim Championship **within the last 10 years**, or competed in Open Championship levels in the youth/& Over levels **within the last 15 years**.

Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions, including teams, other than Dance Drama. A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

ADULT DANCERS ARE ALLOWED TO DANCE TRADITIONAL OR OIREACHTAS SPEED DANCES IN THE NOVICE AND PRIZEWINNER GRADE LEVELS.

ADULT GRADES	Beginner 1	Beginner 2	Novice	Prizewinner
REEL	299RL	399RL	499RL	599RL
LIGHT JIG	299LJ	399LJ	499LJ	599LJ
SINGLE JIG	299SN	399SN	499SN	599SN
SLIP JIG	299SJ	399SJ	499SJ	599SJ
TREBLE JIG	299TJ	399TJ	499TJ	599TJ
HORNSPIPE	299HP	399HP	499HP	599HP
TRAD SET	299TS	399TS	499TS	599TS

Advanced Adult and Adult Championship

An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has not placed in the top 3 of a Prelim Championship **within the last 10 years**, or competed in Open Championship levels in the youth/& Over levels **within the last 15 years**.

An Advanced Adult dancer is defined as anyone age 18 or older who has previously placed in the top three of a Preliminary Championship **within the last 10 years**, or competed in Open Championship levels in the youth/& Over levels **within the last 15 years**. An Advanced Adult dancer has opted to leave Youth/& Over categories and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/& Over categories.

Dancers competing at the Adult Championship level may move to the Advanced Adult level per teacher's discretion.

Adult Championship and Advanced Adult levels will consist of one light round (reel or slip), one heavy round (treble jig or hornpipe) and a set.

	<u>Adult Championship</u>	<u>Advanced Adult</u>
ADULT CHAMPIONSHIP (3 rounds)	699AC	
ADVANCED ADULT (3 rounds)		799AA

SPECIALS

Treble Reel			Non-Traditional Contemporary Set Dance (Novice/Prizewinner Level)	
	Grades	Champ	Open to Novice and PW dancers, U10 and over, who wish to prepare for Oireachtas Solos recall round. U10 must perform a Treble Jig Set, U11 and older select their choice of set.	
U11 and below	1TR	11TR	U11 and Below	1SD
U12-U15	2TR	12TR	U12-U15	2SD
O15	3TR	13TR	O15	3SD
Adult	4TR	14TR	Adult	4SD

FIGURES AND CEILIS

- Every team member must be registered for the figures/ceilis dance in which they are dancing. Figures/Ceilis are a flat fee per dancer.
- There are no restrictions on figure age groups.
- Figure age groups will be determined by the oldest dancer.
- Ceili teams may perform any figure as outlined in Ar Rince Ceili- 2014.
- 4-hand, 6-hand and 8-hand age groups will align with the team age groups for the NAIDC on events that occur before July 1 and will then change and align with the SRO syllabus for events that occur after July 1
- Ceili teams (4-hands, 6-hands, & 8 hands) are allowed to repeat dancers at all Southern Region feiseanna in accordance with the world and regional Oireachtas rules.

Figure Dancing			Ceili Dancing				Family Dance	
	2-Hand Reel	3-Hand Reel		4- Hand	6-Hand	8 Hand	All Ages/Levels	9500FD
U7	9207FD	9307FD	U8	9408FD	9608FD	9808FD		
U9	9209FD	9309FD	U10	9410FD	9610FD	9810FD		
U11	9211FD	9311FD	U12	9412FD	9612FD	9812FD		
U13	9213FD	9313FD	U15	9415FD	9615FD	9815FD		
U15	9215FD	9315FD	O15	9416FD	9616FD			
15 & Over	9216FD	9316FD	U18			9818FD		
			O18			9819FD		
ADULT	9299FD	9399FD	ADULT	9499FD	9699FD	9899FD		

CULTURAL

Celebrate the tradition of baking Irish Soda Bread by crafting a loaf for our cultural competition.

Entries must be submitted at the Registration table by 9am, pick up before 2pm!

Soda Bread	
U12 and Below	1SB
O12	2SB
Adult	3SB

SOUTHERN REGIONAL DANCING COMPETITION RULES

(Updated Apr 8, 2026)

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a. Conduct unbecoming a lady or gentleman.
 - b. Failure to report on time to compete. (Penalty: disqualification from said event)
 - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.

4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or “bubble” heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of (Determined by the Feis).

14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
 - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
 - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use. These are not to be used for personal gain through commercial use or sale. Under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
 - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - i. away from the dancing stages and,
 - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
 - a. Must compete in their own age group.
 - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
 - a. Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels

- a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - b. **Beginner I (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
 - e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
 - f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has not placed in the top 3 of a Prelim Championship **within the last 10 years**, or competed in Open Championship levels in the youth/& Over levels **within the last 15 years**.
9. First Feis (if offered), Beginner I, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
 10. The following dance speeds must be adhered to:

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Horn pipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
3. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. three 1st place wins (or two if the dancer resides in Mexico).
4. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
5. Preliminary Championships
 - a. Are open to those who at any CLRG-registered Feis:
 - i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - ii. Have never won 1st, 2nd or 3rd in an Open Championship.
 - b. Effective August 1, 2020, a dancer who lives in the Southern Region (excluding Mexico) and who wins 1st place in a third Preliminary Championship Competition in any Region MAY move up to Open Championship competitions immediately, at the discretion of their dancing teacher.
 - c. A dancer who lives in the Southern Region when they win 1st place in a third Preliminary Championship competition MUST move up to Open Championship competitions no later than the one calendar year anniversary of the third Preliminary Championship win.
 - d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age.
 - e. A separate boys competition may be offered if there are five (5) or more boys entered in a specific Preliminary Championship competition within a single age group.
6. If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.
7. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
8. In the event the same organization is running 2 feiseanna in one weekend the following must occur:
 - a. In championship competitions, 2/3 of adjudicators must be different from the previous day.
 - b. 2nd chance competitions may only be offered on one feis.

FIGURE / CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.

2. There are no restrictions on figure age groups.
3. Figure age groups will be determined by the oldest dancer.
4. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
5. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
6. Dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, and Advanced Adult, as defined by the qualifications found elsewhere in these rules.
7. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

1. Makeup is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

MODESTY RULES

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1. Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.
2. Respect for fellow competitors on stage is a requirement at all times.
3. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.
4. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
5. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

REFUND POLICY

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.