Southern England Region Teachers Association

Presents

SERTA Christmas Feis

(Confined to dancers in the Southern England Region)

Sunday 29th November 2026



Lea Valley Academy
Bullsmoor Lane, Enfield, Middlesex, EN3 6TW

Adjudicators

Julie Loughlin ADCRG	Southern Region
Maria Sweeney ADCRG	Southern Region
Marian O'Loughlin ADCRG	Southern Region
Mary Teresa McHugh ADCRG	Midlands
Fr Michael Johnston ADCRG	Southern Region
Stephen McAteer ADCRG	Southern Region

Musicians

Majella Collins, London - TBC
Kieran McHugh, London - TBC

For further information contact
sertassociation@outlook.com
(Teachers only please)

View details on instepfm.com

Closing date for entries Friday 20th November 2026

Claraithe leis An Coimisiun Le Rince Gaelacha.

www.sercweb.com

Rules for SERTA Christmas Feis

FEIS RULES

FEIS ENTRY REQUIREMENTS

1. **Lodgement of entries implies that you acknowledge and accept all of the Rules of An Coimisiun Le Rinci Gaelacha and the Southern England Regional Council plus the additional rules listed below, relating to the Feis.**
2. **Entries will only be accepted from Schools registered with An Coimisiun Le Rinci Gaelacha. Entries with no fee will not be processed or acknowledged.**
3. **New entries may be taken on the day of the Feis in line with SERC late entry rule.**
4. **Ages to be taken from the 1st January 2026.**
5. **All dancers may be required to produce their birth certificate/passport as proof of age.**
6. **All competitors must dance in their own age group for solo competitions except where there is no competition in their age group for that particular dance. Dancers cannot compete in a younger age group.**

COMPETITION RULES

1. **ALL Grade Competitions are CONFINED to the Southern England Region.**
2. **All decisions of the Adjudicators are FINAL.**
3. **Competitors may only dance each dance in 1 grade only.**
4. **Where there are 5 or less dancers in a competition, results will not affect their grading.**
5. **In all Heavy Dances the lead around must be danced on both the right and left foot.**
6. **NOVICE is for a dancer who has not gained a 1st,2nd or 3rd place in a Novice Grade competition or any medal in a higher grade for that particular dance.**
7. **The basic step rule will apply to all Novice Competitions as per the SERC local rules.**
8. **The Primary Grade is for dancers who have not won a 1st or 2nd place for that particular dance in ANY Age Group.**
9. **All Novice and Primary Dancers may only wear a class costume or simple dancewear in competitions up to and including Under 12 age group. Make-up will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide, Failure to comply with this rule can result in disqualification.**
10. **The Intermediate Grade is for Dancers who have not won a 1st place for that particular dance in that age group or an older age group, or who has not won a Premier competition, Preliminary Championship or an Open Championship.**
11. **Intermediate dancers can dance their grades and either the Preliminary or Open Championship.**
12. **Competitors in Bun Grad & Tus Grad, up to and including the Under 12 age group, may only wear traditional class costumes or long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/ trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.**
13. **An Coimisiun has ruled that from 1st January of each year, that no block, en pointe, stationary or moving be allowed to be performed for all ages up to and including the Under 12 age group Worldwide. The Under 12 Age Group will be allowed to Toe Walk from 1st September.**
14. **Any competitor found to be using artificial carriage aids and subsequently refuses to remove same will be subject to disqualification from that competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling.**
15. **In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or any arm attachments by the time of their rotation they will not be permitted to perform.**
16. **Make-up rule (4.5 in CLRG rulebook) 4.5.2 make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (POINT OF CLARIFICATION) For the purpose of this rule the term 'Make-up' includes tinted moisturiser and any artificial tanning products. An coimisiun hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended.**
17. **Costume length: length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change in to black tights (of a denier not less than 70%) in order for the dancer to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all the adjudicators on the panel must agree to ask the dancer to wear tights.**
18. **Appropriate undergarment covering the midriff must be worn, Undergarments must provide full coverage as per CLRG rules.**
19. **Costumes (including headwear) worn in championship competitions must not include any "Identifying Designs" - "Identifying Designs" are defined as any element on any costume worn in championship solo competitions identifying a status of achievement or an Irish dance competition award (i.e. globes). 1/9/25**

FEIS RULES

1. **The adjudication panel is at the discretion of the Feis Organiser.**
2. **The Feis Organiser must provide non-slip flooring for every dance surface; however the Feis Organiser cannot accept any liability for injury sustained whilst dancing.**
3. **Dancers must be properly attired throughout the whole competition and must be in full costume and appropriate footwear when receiving results. No changing allowed in competition areas.**
4. **Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in all competitions.**
5. **Photographs taken at awards ceremonies are permitted, however these must be for your own use and not used for public display purposes, unless permission has been obtained.**
6. **Any competition can be moved to a different hall at the discretion of the Feis Secretary.**
7. **All championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.**
8. **Parents are responsible for the conduct of their children at all times whilst attending the Feis.**
9. **The Feis Organiser accepts no responsibility for any loss or damage to personal property.**
10. **NO SMOKING on school premises.**
11. **Eating and drinking should only be in designated areas.**
12. **Objections against any breach of the above rules must be made in writing, and signed, to the Feis Secretary and accompanied by a fee of £25, which will be refunded if the objection is upheld. If parents have any constructive comments to make about any aspect Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted anonymous correspondence cannot be dealt with.**
13. **The Feis organiser has the Right to Refuse entry to the feis venue.**

PRIOMH COMORTAS

This is a trophy competition and is adjudicated by one adjudicator; it will not affect your grading for future Prelim or Championship competitions.

AWARDS

2 medals/trophies = 5 or less – 4 medals = 6 to 10 competitors
7 medals = 11 to 20 competitors – 10 medals = 21 to 30 competitors
14 medals = 31 to 40 competitors
1 medal for each additional 5 or part of 5 competitors

GENERAL DATA PROTECTION REGULATIONS (GDPR)

The Feis Organiser and committee will protect all users information in accordance with the EU General Data Protection Regulation 2018.
The Feis Organiser is a fully paid up member of CLRG and comply with all CLRG GDPR Regulations currently in place as regards to running Feiseanna.

Data collected will be via the completed entry pack. All data in the entry pack will be stored on a password protected laptop and only shared the Feis Organiser and the tabulation team.



SERTA Christmas Feis 2026

COMPETITION INFORMATION

TINY TOTS **16 BARS OF REEL MUSIC - ROLLING BARS SYSTEM**				
UNDER 5 UNGRADED	REEL LIGHT JIG SINGLE JIG SLIP JIG	DANCERS MAY ONLY ENTER TINY TOTS OR THE U5 UNGRADED YOU CANNOT ENTER BOTH		
AGE GROUPS	**NOVICE BUNGRÁD COMPETITIONS**	**PRIMARY TÚS GRÁD COMPETITIONS**	**INTERMEDIATE MÉAN GRÁD COMPETITIONS**	**OPEN ÁRD GRÁD COMPETITIONS**
5 & UNDER 6	REEL LIGHT JIG SINGLE JIG SLIP JIG	REEL LIGHT JIG SINGLE JIG SLIP JIG	REEL LIGHT JIG SINGLE JIG SLIP JIG	REEL LIGHT JIG SINGLE JIG SLIP JIG
***** UNGRADED - HEAVY JIG *****				
6 & UNDER 7	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG
***** UNGRADED - HORNPIPE *****				
7 & UNDER 8 8 & UNDER 9 9 & UNDER 10	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG HORNPIPE	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG HORNPIPE	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG HORNPIPE
***** UNGRADED - TRADITIONAL SET DANCE *****				
10 & UNDER 11 11 & UNDER 12 12 & UNDER 13	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG HORNPIPE	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG HORNPIPE	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG HORNPIPE	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG HORNPIPE
***** UNGRADED - TRADITIONAL SET DANCE *****				
0VER 13		REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG HORNPIPE	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG HORNPIPE	REEL LIGHT JIG SINGLE JIG SLIP JIG HEAVY JIG HORNPIPE
***** UNGRADED - TRADITIONAL SET DANCE *****				

SUBJECT TO SUFFICIENT ENTRY NUMBERS
THE OVER 13 AGE GROUP MAY BE SPLIT INTO SEPARATE AGE GROUPS

****PLEASE ENSURE YOU ENTER THE DANCERS DOB ON THE ENTRY FORM****

All Novice and Primary dancers may only wear a class costume, simple dancewear or appropriate attire (skirt & top or simple dress for girls and trousers, shorts and t-shirt or shirt for boys) in competitions up to and including the Under 12 Age Group. Make-up will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide. Failure to comply with this rule may lead to disqualification.

SERTA Christmas Feis 2026

PRIOMH COMORTAS INFORMATION

Min Bars:
Novice & Primary: Reel & Light Jig - 32 Bars
Intermediate & Open: First and second rounds will dance 16 bars 'Step down the Line'

UNDER 5	REEL		Ungraded
UNDER 6	REEL	LIGHT JIG	Novice, Primary Intermediate & Open
UNDER 7	REEL	LIGHT JIG	Novice & Primary
	REEL	LIGHT JIG or HEAVY JIG	Intermediate & Open
UNDER 8	REEL	LIGHT JIG	Novice & Primary
	REEL	LIGHT JIG or HEAVY JIG	Intermediate & Open
UNDER 9	REEL	LIGHT JIG	Novice & Primary
	REEL	LIGHT JIG or HEAVY JIG	Intermediate & Open
UNDER 10	REEL	LIGHT JIG	Novice & Primary
	REEL	LIGHT JIG, HEAVY JIG OR HORNPIPE	Intermediate & Open
UNDER 11	REEL	LIGHT JIG	Novice & Primary
	REEL OR SLIP JIG	HEAVY JIG OR HORNPIPE	Intermediate & Open
UNDER 12	REEL	LIGHT JIG	Novice & Primary
	REEL OR SLIP JIG	HEAVY JIG OR HORNPIPE	Intermediate & Open
UNDER 13	REEL	LIGHT JIG	Novice & Primary
	REEL OR SLIP JIG	HEAVY JIG OR HORNPIPE	Intermediate & Open
OVER 13	REEL	LIGHT JIG	Primary
	REEL OR SLIP JIG	HEAVY JIG OR HORNPIPE	Intermediate & Open

Priomh Comortas trophy will be performed in each age group listed above, for each grade. Dancers MUST compete in the highest grade of the 2 dances performed (speeds can be accommodated). All Priomh Comortas will start with the Light round.

CLOSING DATE FOR ENTRIES: FRIDAY 20TH NOVEMBER 2026

Make-up Rule (4.5 in CLRG Rule Book) 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (POINT OF CLARIFICATION) For the purpose of this rule the term "Make-up" includes tinted moisturiser and any artificial tanning products. An Coimisiun hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended.

Vendors:

FEISWEAR

DANCING DELIGHTS



Vendors:

FEISWEAR

DANCING DELIGHTS

SERTA Christmas Feis 2026
ENTRY FEE INFORMATION

Tiny Tots	£6.00
Solo Grade Competitions (all solos are Trophy Competitions)	£6.00
DOOR ENTRY PER FAMILY (to be included with Entry)	**£8.00**
Priomh Comortas (1 Adjudicator) **Entries will be accepted on the day with no surcharge so long as solos have been pre-entered *minimum 2 solo Grade entry requirement**	£15.00
Maximum for one child (does not include door fee, this must be added on)	£45.00
Family Fee 2 children (does not include door fee, this must be added on)	£80.00
Family Fee 3 children (does not include door fee, this must be added on)	£90.00
All entries to be made payable to "SERTA" by Bank Transfer (one entry per school, using school name as reference) **Sort Code: 23-05-80 Account: 33696663**	
Entries to be emailed (one entry per school) to: sertassociation@outlook.com	
CLOSING DATE FOR ENTRIES: FRIDAY 20TH NOVEMBER 2026 **ENTRIES ON THE DAY ARE SUBJECT TO £5 SURCHARGE FEE**	

Vendors:

FEISWEAR

DANCING DELIGHTS



Merry Christmas