



THE CARSON ACADEMY PRESENTS

THE CARSON ACADEMY FEIS 2026

SATURDAY 10TH & SUNDAY 11TH
OCTOBER

VENUE

SPÓRTLANN NA HÉIREANN
FALLS ROAD
BELFAST, BT12 7LU

ADJUDICATORS

BYRON TUTTLE, MID AMERICA USA
CHERYL SCARIFF, CONNACHT IRELAND
KEVIN MILLS, SOUTHERN UK

MUSICIANS

STEPHEN DEVLIN, BELFAST

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ENTRIES ACCEPTED: [HTTPS://FORM.JOTFORM.COM/222481913002041](https://form.jotform.com/222481913002041)



WELCOME LETTER

TEACHERS, PARENTS & DANCERS,

WE WOULD LIKE TO WELCOME YOU TO THE CARSON ACADEMY FEIS 2026. THIS YEAR'S CHAMPIONSHIPS WILL BE HELD IN SPORLANN NA HEIREANN ON THE FALLS ROAD. A STATE OF THE ART FACILITY IN THE HEART OF BELFAST.

HIGHLIGHTS FOR 2025;

- CARSON ACADEMY "CHAMPION OF CHAMPIONS". PERPETUAL CUP AWARDED.
- MOST PROMISING GRADE DANCER OF THE DAY. PERPETUAL CUP AWARDED.
- 100% RECALL IF 25 OR LESS.
- SEPARATE BOYS IF 5 OR MORE BOYS
- ANTHONY COSTELLO MEMORIAL STEP DOWN THE LINE.

AWARDS;

OPEN & PRELIM CHAMPIONSHIPS- TOP 5 TROPHIES & SASHES

TOP 5 IN TROPHY DANCES WILL RECEIVE TROPHIES AND WINNER A SASH

SOLO WINNERS IN ALL COMPETITIONS WILL RECEIVE A RISER

100% PLACEMENT IN ALL TROPHY DANCES AND CHAMPIONSHIP LIGHT ROUNDS

THERE WILL BE A KITCHEN OFFERING HOT/COLD FOOD AND DRINKS. NO OUTSIDE FOOD WILL BE ALLOWED IN THE PREMISES. WE WILL HAVE A RESULTS AREA.

ENTRIES ARE BEING ACCEPTED NOW: [HTTPS://FORM.JOTFORM.COM/222481913002041](https://form.jotform.com/222481913002041) . ENTRIES CLOSE FRIDAY 2ND OCTOBER. £5.00 LATE FEES WILL APPLY

WE WOULD LIKE TO THANK YOU AGAIN FOR YOUR CONTINUED SUPPORT.

REGARDS

THE CARSON ACADEMY TEACHERS & PARENTS

ENQUIRES:

CARSON_ACD@ICLOUD.COM

07429496240 (TEACHERS ONLY)

SYLLABUS APPROVED BY FEIS REGISTRAR OF AN COMHAIRLE VLADH GERARD CARSON



SATURDAY 10TH OCTOBER

START TIME 8AM

RUNNING ORDER OF THE CHAMPIONSHIPS. FINAL TIMETABLE WILL BE ISSUED ONCE ALL ENTRIES HAVE BEEN ACCEPTED.

8-9 Open & Prelim Championship
9-10 Open & Prelim Championship
10-11 Open & Prelim Championship
11-12 Open & Prelim Championship
12-13 Open & Prelim Championship
13-14 Open & Prelim Championship
<i>Under 14 Anthony Costello Memorial Step down the line (soft shoe)</i>
Under 12/Under 15/Over 15 4 Hand & Ceili Championship
<i>Junior Champion of Champions</i>
14-15 Open & Prelim Championship
15-16 Open & Prelim Championship
<i>Over 14 Anthony Costello Memorial Step down the line (hard shoe)</i>
16-17 Open Championship
17-18 Open Championship
18-20 Open Championship
Over 20 Open Championship
Senior Champion of Champions

DANCES

8-9 CHAMPIONSHIP- HEAVY JIG, REEL & TRAD SET

9-10 CHAMPIONSHIP- & ABOVE- HEAVY JIG/HORNPIPE, REEL/SLIP JIG & OPEN SET DANCE

PRICES

OPEN CHAMPIONSHIPS- £35.00

OPEN & PRELIM CHAMPIONSHIPS- £40.00 (PRELIM FROM UNDER 9-UNDER 16)

ANTHONY COSTELLO MEMORIAL- £5.00

CEILI CHAMPIONSHIPS- £4.00 PER DANCER.

SYLLABUS APPROVED BY FEIS REGISTRAR OF AN COMHAIRLE ULADH GERARD CARSON



SUNDAY 11TH OCTOBER

START TIME 9AM

FINAL TIMETABLE WILL BE ISSUED ONCE ALL ENTRIES HAVE BEEN ACCEPTED.

<u>Stage A</u>	<u>Stage B</u>
7-8 Bungrad	8-9 Bungrad
7-8 Tusgrad	8-9 Tusgrad
7-8 Meangrad	8-9 Meangrad
Under 5 Championship	
5-6 Championship	
6-7 Championship	
7-8 Championship	
<i>Under 8 Anthony Costello Step Down the line (Reel)</i>	
Future Stars	
Under 6 Bungrad	6-7 Bungrad
Under 6 Tusgrad	6-7 Tusgrad
	Under 7 Meangrad
9-10 Bungrad & 10-12 Bungrad	12-14 Bungrad & Over 14 Bungrad
9-10 Tusgrad & 10-12 Tusgrad	12-14 Tusgrad & Over 14 Tusgrad
9-10 Meangrad & 10-12 Meangrad	12-14 Meangrad & Over 14 Meangrad

DANCES

BUNGRAD- TROPHY REEL, SINGLE JIG, LIGHT JIG, SLIP JIG, LIGHT TROPHY DANCE

TUSGRAD- TROPHY REEL, SINGLE JIG, LIGHT JIG, SLIP JIG, LIGHT TROPHY DANCE & HEAVY TROPHY DANCE

MEANGRAD- TROPHY REEL, LIGHT OR HEAVY JIG, LIGHT TROPHY DANCE, HEAVY TROPHY DANCE, PRÍOMH COMORTAS

PRÍOMH COMORTAS- ANY HEAVY OR ANY LIGHT- TWO LIGHTS WILL BE ACCEPTED FOR UNDER 7 MEANGRAD.

UNDER 5 REEL, SINGLE OR LIGHT JIG UNDER 6/7 CHAMPIONSHIP- REEL, SINGLE & JIG UNDER 8 CHAMPIONSHIP- REEL, HEAVY JIG & TRAD SET

PRICES

SOLOS- £5.00

TROPHY DANCES/ FUTURE STARS- £6.00

PRÍOMH COMORTAS- £20.00

UNDER 5 CHAMPIONSHIP- £25.00

UNDER 6/7/8 CHAMPIONSHIP- £35.00

ANTHONY COSTELLO STEP DOWN THE LINE- £5.00

SYLLABUS APPROVED BY FEIS REGISTRAR OF AN COMHAIRLE VLADH GERARD CARSON

COMPETITION RULES

1. NO REFUNDS EXCEPT IN THE CASE THAT THE EVENT DOES NOT RUN.
2. ENTRIES ONLY ACCEPTED FROM TEACHERS REGISTERED WITH AN COIMISIÚN LE RINCÍ GAELACHA.
3. THE ADJUDICATOR'S DECISION IS FINAL.
4. AGE TAKEN FROM 1ST JANUARY 2026.
5. COMPETITORS IN BUN GRAD AND TUS GRAD, UP TO AND INCLUDING UNDER 12 AGE GROUP MAY ONLY WEAR TRADITIONAL CLASS COSTUMES OR LONG/SHORT SLEEVED BLOUSES & SKIRT/TROUSERS, POLO TOPS & SKIRT/TROUSERS, BODY SUITS & SKIRTS OR TUNICS THAT CONFIRM TO THE REGULAR COSTUME LENGTH RULE. LOW-CUT TOPS AND SHORT TIGHT SKIRTS ARE NOT PERMITTED.
6. MAKE-UP (INCLUDING EYELASHES AND FACE TAN) IS NOT PERMITTED FOR DANCERS, IN EITHER SOLO OR TEAM COMPETITIONS, UP TO AND INCLUDING THE UNDER 10 AGE GROUP.
7. MAKE-UP WILL NOT BE PERMITTED FOR ANY DANCER IN THE FIRST TWO GRADES (BUN GRAD & TUS GRAD OR EQUIVALENT) UP TO AND INCLUDING THE UNDER 12 AGE GROUP WORLDWIDE.
8. LENGTH OF COSTUMES MUST ADHERE TO PRINCIPLES OF MODESTY AND ENABLE DANCERS TO SAFELY EXECUTE THEIR MOVEMENTS AND STEPS. ADJUDICATORS WHO DETERMINE A COSTUME TO BE TOO SHORT OR TO LACK MODESTY MAY ASK A COMPETITOR TO CHANGE INTO BLACK TIGHTS (OF A DENIER NOT LESS THAN 70 PERCENT) IN ORDER FOR THE DANCER TO CONTINUE IN THE COMPETITION.
9. APPROPRIATE UNDERGARMENTS COVERING THE MIDRIFTH MUST BE WORN. UNDERGARMENTS MUST PROVIDE FULL COVERAGE (AS PER ILLUSTRATION ON WWW.CLRG.IE), DANCERS WEARING UNDERGARMENTS THAT DO NOT COVER THE AREAS OF THE BODY AS IN THE ILLUSTRATED EXAMPLE WILL BE ASKED TO PUT ON BLACK TIGHTS OF A DENIER OF NOT LESS THAN 70 PER CENT. THIS IS MONITORED BY THE ADJUDICATOR. FOR COMPETITIONS ADJUDICATED BY A PANEL OF MORE THAN ONE ADJUDICATOR ALL ADJUDICATORS ON THE PANEL MUST AGREE TO ASK THE DANCER TO PUT ON TIGHTS.
10. IN ORDER TO COMPLY WITH HEALTH AND SAFETY MEASURES, ALL DANCERS LINING UP SIDE STAGE PRIOR TO ANY ROUND AT THE COMPETITION WILL BE REQUIRED TO PERFORM THE SIMPLE EXERCISE OF RAISING THEIR ARMS TO SHOULDER LEVEL UNHINDERED. IF UNABLE TO DO THIS BY THE TIME OF THEIR ROTATION DUE TO COSTUME STITCHING OR ARM ATTACHMENTS, THESE COMPETITORS WILL NOT BE PERMITTED TO PERFORM.
11. BUN GRAD COMPETITIONS ARE CONFINED TO COMPETITORS WHO AT THE TIME OF ENTRY HAVE NEVER WON 1ST PLACE (OR BEING GRADED AS PER BELOW) IN THAT PARTICULAR DANCE IN ANY AGE GROUP OR GRADE. BASIC STEPS ONLY ARE PERMITTED IN BUN GRAD.
12. TUS GRAD CONFINED TO DANCERS WHO HAVE NEVER WON 1ST PLACE (OR BEING GRADED AS PER BELOW) FOR THAT PARTICULAR DANCE IN ANY AGE IN TUS GRAD, MEAN GRAD OR ARD GRAD. DANCERS MAY PERFORM EITHER BASIS STEPS OR THEIR FIRST HARD/DIFFICULT VERSION OF EACH DANCE.
13. IN BUN AND TUS GRAD COMPETITIONS ONE DANCER MOVES UP TO THE NEXT GRADE IF THERE IS LESS THAN 20 COMPETITORS, TWO DANCERS MOVE UP IF THERE ARE BETWEEN 21 AND 40 COMPETITORS AND THREE DANCERS MOVE UP IF THERE ARE OVER 40 COMPETITORS.
14. MEAN GRAD COMPETITIONS ARE CONFINED TO DANCERS WHO AT THE TIME OF ENTRY NEVER WON 1ST PLACE FOR THAT PARTICULAR DANCE IN MEAN OR ARD GRAD IN THAT AGE GROUP OR A HIGHER AGE GROUP.
15. A PRELIM CHAMPIONSHIP MUST BE ADJUDICATED BY 3 OR MORE ADJUDICATORS AND MUST CONSIST OF 2 ROUNDS, 1 LIGHT ROUND- REEL / SLIP JIG AND 1 HEAVY ROUND - HEAVY JIG/HORNSPIPE. PRELIM CHAMPIONSHIPS MAY RUN AS A STAND-ALONE COMPETITION OR MAY BE INCORPORATED INTO THE OPEN CHAMPIONSHIPS. DANCERS MAY COMPETE IN AN OPEN OR A PRELIM OR BOTH.
16. TO BE ELIGIBLE TO COMPETE IN A PRELIM CHAMPIONSHIPS:
 1. DANCERS MUST NOT HAVE PLACED IN THE TOP 3 IN AN OPEN CHAMPIONSHIPS JUDGED BY 3 OR MORE ADJUDICATORS. DANCERS MUST NOT HAVE WON A PRELIM CHAMPIONSHIPS MORE THAN 2 TIMES IN THE CURRENT YEAR. HOWEVER, IF THERE ARE 5 OR LESS IN A PRELIM COMPETITION THE DANCER IS STILL ELIGIBLE TO COMPETE IN PRELIM. DANCERS MUST NOT HAVE QUALIFIED FOR OIREACHTAS RINCE NA CRUINNE IN THE CURRENT YEAR OR PREVIOUS YEAR. DANCERS MUST NOT HAVE RECALLED IN THE ACTUAL CHAMPIONSHIPS AT OIREACHTAS RINCE NA HEIREANN IN THE CURRENT YEAR OR PREVIOUS YEAR. DANCERS HAVING WON 2 PRELIM CHAMPIONSHIPS MAY NOT COMPETE IN ANY MEAN GRAD COMPETITION FOR THE REMAINDER OF THE YEAR. HOWEVER, IF A DANCER HAS ONLY WON ONE PRELIM CHAMPIONSHIPS THEY MAY CONTINUE IN MEAN GRAD (WITH THE EXCEPTION OF THEIR DANCES THAT THEY HAVE WON THE PRELIM CHAMPIONSHIPS WITH). DANCERS WHO QUALIFY FOR OIREACHTAS RINCE NA CRUINNE WHERE THERE ARE FIVE DANCERS OR LESS IN THE COMPETITION AT THEIR REGIONAL OIREACHTAS ARE EXEMPT FROM THIS RULING. THEY MAY REMAIN IN THE PRELIM CHAMPIONSHIP IF THEY SO WISH. BOYS WHO HAVE QUALIFIED FOR THE OIREACHTAS NA CRUINNE BUT WERE NOT PLACED IN THE TOP 3 AT THEIR REGIONAL OIREACHTAS AND WHO OTHERWISE FULFIL THE CRITERIA MAY CONTINUE TO COMPETE IN PRELIM GRADE.
17. METRONOMIC SPEEDS ARE AS FOLLOWS: BUN GRAD: REEL 122-124, LIGHT JIG 116, SINGLE JIG 124, SLIP JIG 124, HEAVY JIG 126, HORNSPIPE 144. TUS GRAD: REEL 116-118, LIGHT JIG 116, SINGLE JIG 124, SLIP JIG 120, HEAVY JIG 82, HORNSPIPE 130. MEAN/ARD GRAD: REEL 113, LIGHT JIG 116,
18. SINGLE JIG 124, SLIP JIG 113, HEAVY JIG 73, HORNSPIPE 113. TRADITIONAL SET DANCES: ST PATRICK'S DAY 14, THE BLACKBIRD 144, JOB OF JOURNEYWORK 138, GARDEN OF DAISIES 138, KING OF THE FAIRIES 130, THREE SEA CAPTAINS 126 OR JOCKEY TO THE FAIR 10.
19. ALL COMPETITORS WILL BE REQUIRED TO DANCE A MINIMUM NUMBER OF 40 BARS, EXCEPT SLIP JIG. HORNSPIPE & BUN GRAD REEL WHERE A MINIMUM NUMBER OF 32 BARS WILL BE REQUIRED.

OTHER RULES:

20. IT. ANY FORM OF UNAUTHORIZED, PHOTOGRAPHY WHICH HAS THE CAPABILITY TO CAPTURE A DANCER'S IMAGE WHILST IN MOTION, USING ELECTRONIC OR MANUAL MEANS, E.G MOBILE PHONE, STANDARD CAMERA, VIDEO CAMERA, WITH OR WITHOUT FLASH ENHANCEMENT, IS FORBIDDEN DURING COMPETITION.
21. ANY PARENT WHO WOULD NOT LIKE THEIR CHILD TO APPEAR IN PHOTOS TAKEN BY THE FEIS COMMITTEE SHOULD MAKE THE FEIS ORGANISER AWARE PRIOR TO THE RESULTS BEING ANNOUNCED.
22. CHANGING OF COSTUMES, DRESSING OR UNDESSING IS NOT PERMITTED IN THE HALLS OR PUBLIC AREAS.
23. NO BLOCK, EN POINT, STATIONERY OR MOVING, WILL BE ALLOWED FOR ALL AGES UP TO AND INCLUDING UNDER 12. HOWEVER, DANCERS WHO WILL BE COMPETING IN THE 12-13 AGE GROUP IN THE FOLLOWING YEAR, WILL BE EXEMPT FROM THIS RULE FROM 1ST SEPTEMBER.
24. THE FEIS COMMITTEE WILL NOT ACCEPT ANY RESPONSIBILITY FOR PERSONAL INJURIES OR ARTICLES LOST AT THE FEIS.
25. THE FEIS COMMITTEE RESERVES THE RIGHT TO TRANSFER COMPETITIONS/RESULTS TO A DIFFERENT STAGE OR TO ALTERNATE COMPETITIONS IF IT BECOMES NECESSARY IN ORDER TO HELP THE FEIS RUN SMOOTHLY. THE COMMITTEE RESERVES THE RIGHT TO USE A RELIEF ADJUDICATOR.
26. THE FEIS COMMITTEE RESERVE THE RIGHT TO REFUSE FEIS ENTRIES OR ENTRANCE INTO THE FEIS.
27. THE CHILD PROTECTION DESIGNATED LIAISON OFFICER FOR THE ULSTER REGION IS CHANTELLE DEAZLEY, IF YOU HAVE ANY CONCERNS FOR ANY CHILD'S SAFETY AT THE EVENT, PLEASE CONTACT HER: VETTINGNI@CLRG.IE

