The Irish Dance Parent Association
and O'Shea Irish Dance
proudly present the

Minnesota State Championship*

Saturday, November 14, 2026

*This feis is open to all dancers, all levels.
There are no pre-qualifications.

Venue

Mall of America
2131 Lindau Ln
Bloomington, MN 55425

The IDPA is a 501(c)(3) non-profit organization serving O'Shea Irish Dance,
member of An Coimisiun le Rinci Gaelacha, Dublin, Ireland

Contact Information
Please direct all questions to idpafeisinfo@gmail.com (IDPA feis info).

- Questions submitted through Facebook or to other individuals may not be received or answered in a timely manner.
- Additional feis updates can be found on our website www.IDPAmn.org

Venue and Event Information

Parking is available anywhere at the mall. The **closest** parking option is the North Lot (surface lot) adjacent to IKEA and the JW Marriot hotel.

Schedule

7:00 a.m. - Doors Open

8:00 a.m. - Opening Ceremonies

8:15 a.m. - Competitions Begin

- Championship and future champs stages will start with HARD SHOE.
- All PC and Adult Champ/Advanced Adult competitions include a set dance, there is no additional registration required for set.
- Future champs does not include a third round. Dancers must register for their age-appropriate grades level traditional dance competition or the future champions set dance special which is separate.

As Per CLRG Rules:

2.6 Photography at Feiseanna: Any form of unauthorized photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, commercial film, with or without enhancement, is expressly forbidden in competition, except in Beginner and Advanced Beginner categories (ie Bun and Tús Grád) are exempt from this ruling unless this is in contravention of the local laws of the region or country.

Accommodations

A room block at the JW Marriott Hotel at the Mall of America will be available. Please watch our social media and website for the link to make a reservation.

Registration Fees

Solo Competition/FC Set	$15
Trophy Competitions*	$16 (Shaded Blue on Syllabus)
Preliminary Championship/Open Championship/Adult Championship/Advanced Adult Preliminary Championship/Advanced Adult Open Championship	$60 All levels include 3 rounds as dancers are assumed to be preparing for Oireachtas.
Future Champs*	$50
Admission Fee (formerly called Event Fee or Family fee*)	$25

FeisFwd Fee*	$5
Family Maximum	$175
Late Fee/Day-of Registration (must be completed through FeisFWD)*	$50

*Not included in family maximum

~ Late fees will appear as an increase in the admission fee

Important Registration Notes

- All registrations must be completed through FeisFWD at **app.feisfwd.com**
- Registration closes on **10/31/26** or when the caps are met.
  Competition Caps:
  Champs: 150
  Grades: 250
  Future Champs: 50
- Dancers will not be permitted to compete until all outstanding payments are made.
- All fees noted with an asterisk (*) are NOT included in the family maximum.
- Payments will be may through FeisFWD. Cash or Checks will NOT be accepted.
- No refunds.
- Late/Day-of registrations on 11/14/26, the day of the Feis, will incur a $50 late fee. New registrations must be completed and paid through FeisFWD in order to compete.
- Changes or additions to completed registrations can be made at app.feisfwd.com until NOON on **10/31/26** for no additional fee. Regular competition fees will be charged for additions. Changes or additions may not be made after 10/31/26, except those made on the day-of the feis. The IDPA cannot make or change in a dancer's registration in FeisFWD, this must be done by the dancer or guardians.
- All PC competitions will include a set dance, no additional registration is required for set.
- ALL Adult Championship dancers will perform a traditional set dance. Advanced Adult Preliminary and Open will perform a Set Dance of choice, no additional registration is required.
- Full results will be available at app.feisfwd.com following the completion of the day's competitions.

Future Champions Oireachtas Special (FC), (SD)

The Future Champions competition (Competition FC) is open to Grade level Novice and Prizewinner dancers who plan to compete at their regional Oireachtas.

- Dancers will dance **2 rounds** (hard shoe and soft shoe) with a 3-judge panel.
- Dancers may choose between 48 bars of Slow Treble Jig or 40 bars of Slow Hornpipe for hard shoe, and 40 bars of Slip Jig or 48 bars of Reel for soft shoe.

- An option to perform a Non-Traditional Set dance will also be available as a separate competition (SD). This competition will have 1 judge. Younger dancers preparing a traditional set for recall at Oireachtas can register for their grades-level traditional set competition (TS).
- The Future Champs competition will be limited to the first 50 registrations. The competition may be combined at the discretion of the feis committee.

Adult Competitions

We are very excited to continue supporting the growth of adult competition. Adult grades, Adult Champs and Advanced Adult PC/OC are all offered.

- Adult Champs and both levels of Advanced Adults will dance 3 rounds with the assumption that dancers could be preparing for Oireachtas.

- Adult Championship dancers will perform a traditional set dance. Advanced Adult Preliminary and Open will perform a Set Dance of choice, no additional registration is required.

- Adult grades dancers are NOT eligible for the future champions competition. Older dancers who dance in "and over" and not "Adult" competitions will not be barred from participation, but the competition is intended for youth dancers at this event. Please contact us at idpafeisinfo@gmail.com with any questions.

Mid-America Syllabus

NUMBERING SYSTEM

1st Digit	**Level Category: FIRST FEIS Dances all begin with "1", BEGINNER 1 with "2", and so forth**
2nd and 3rd Digits	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11. 99 is for ADULT dancers
4th and 5th Digits (Letters)	Competition Type: **RL** = REEL **LJ** = LIGHT JIG **SJ** = SLIP JIG **TJ** = TREBLE JIG **HP** = HORNPIPE **PD** = ST PATRICK DAY **TS** = TRADITIONAL SET …
Last Digit	Competitions ending with 2 signify SECOND CHANCE competitions

AGE GROUP: your age group is determined by the YEAR the competitor was born. This changes from year to year!

For 2026	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Born in:	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first Feis.
Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed) **Dancers competing in the First Feis category are limited to participating in the First Feis Category ONLY**

	GIRLS								BOYS							
	U5	U6	U7	U8	U9	U10	U11	O11	U5	U6	U7	U8	U9	U10	U11	O11
REEL	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL	155RL	156RL	157RL	158RL	159RL	160RL	161RL	162RL
LIGHT JIG	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ	155LJ	156LJ	157LJ	158LJ	159LJ	160LJ	161LJ	162LJ
SINGLE JIG	105SN	106SN	107SN	108SN	109SN	110SN	111SN	112SN	155SN	156SN	157SN	158SN	159SN	160SN	161SN	162SN
SLIP JIG	105SJ	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ								

BEGINNER 1 (BEGINNER)

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancer's second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

	GIRLS								BOYS							
	U5	U6	U7	U8	U9	U10	U11	O11	U5	U6	U7	U8	U9	U10	U11	O11
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	255RL	256RL	257RL	258RL	259RL	260RL	261RL	262RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	255LJ	256LJ	257LJ	258LJ	259LJ	260LJ	261LJ	262LJ
SINGLE JIG	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	255SN	256SN	257SN	258SN	259SN	260SN	261SN	262SN
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ								

BEGINNER 2 (ADVANCED BEGINNER)

A dancer who has been dancing for more than one year and who has not won a 1st, 2nd or 3rd place as Beginner 2 dancer. A dancer who has won a 1st, 2nd or 3rd place in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed) ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

	GIRLS								BOYS							
	U6	U7	U8	U9	U10	U11	U12	O12	U6	U7	U8	U9	U10	U11	U12	O12
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	356RL	357RL	358RL	359RL	360RL	361RL	362RL	363RL

LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	356LJ	357LJ	358LJ	359LJ	360LJ	361LJ	362LJ	363LJ
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ								
SINGLE JIG	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	356SN	357SN	358SN	359SN	360SN	361SJ	362SN	363SN
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	356TJ	357TJ	358TJ	359TJ	360TJ	361TJ	362TJ	363TJ
HORNPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	356HP	357HP	358HP	359HP	360HP	361HP	362HP	363HP
ST PATRICK'S DAY	306PD	307PD	308PD	309PD	310PD	311PD	312PD	313PD	356PD	357PD	358PD	359PD	360PD	361PD	362PD	363PD

NOVICE

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes). Under 14 and Over 14 age groups may be offered, but are not mandatory.

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

	GIRLS								BOYS							
	U7	U8	U9	U10	U11	U12	U13	O13	U7	U8	U9	U10	U11	U12	U13	O13
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	457RL	458RL	459RL	460RL	461RL	462RL	463RL	464RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	457LJ	458LJ	459LJ	460LJ	461LJ	462LJ	463LJ	464LJ
SINGLE JIG	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	457SN	458SN	459SN	460SN	461SN	462SN	463SN	464SN
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ								
*TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	457TJ	458TJ	459TJ	460TJ	461TJ	462TJ	463TJ	464TJ
*HORNPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	457HP	458HP	459HP	460HP	461HP	462HP	463HP	464HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	457TS	458TS	459TS	460TS	461TS	462TS	463TS	464TS

PRIZE WINNER

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

	GIRLS									BOYS								
	U7	U8	U9	U10	U11	U12	U13	U14	O14	U7	U8	U9	U10	U11	U12	U13	U14	O14
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	557RL	558RL	559RL	560RL	561RL	562RL	563RL	564RL	565RL
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ									
*TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	557TJ	558TJ	559TJ	560TJ	561TJ	562TJ	563TJ	564TJ	565TJ
*HORNPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	557HP	558HP	559HP	560HP	561HP	562HP	563HP	564HP	565HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	557TS	558TS	559TS	560TS	561TS	562TS	563TS	564TS	565TS

FEIS-ABILITIES

Feis-Abilities is for grade level dancers of all ages with disabilities - including ADHD, Autism, visual or hearing impairments, etc. - who want to compete in a competition just for them. Dancers who enter in this competition may also
enter in other grade-level competitions at this Feis. Dancers will perform 32 bars (2 steps) of the Reel.

Boys/Men & Girls/Ladies	
ALL AGES	999FA

PRELIMINARY CHAMPIONSHIP

A dancer who wins 1st place in each of the Open dances (reel, slip jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships. Dancers will perform 48 bars of the reel or 40 bars of the slip jig **and** 40 bars of the hornpipe or 48 bars of the treble jig**, and a set dance**. Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

BOYS/MEN & GIRLS/LADIES	U9	U10	U11	U12	U13	U14	U15	U16	O16
PRELIMINARY CHAMPIONSHIP	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC
SET DANCE (INCLUDED)									

OPEN CHAMPIONSHIP

Preliminary dancers who win three (3) 1st places in a calendar year, must move to Open Championship the following calendar year. When a third win is achieved over several calendar years, the dancer must move to Open Championship at their next Feis. Only in the case of back-to-back feiseanna, in which the third win on the first day will not change the dancer's status for the second Feis. Placing in a regional or national oireachtas does not change the status of a competitor.
Dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a set dance.
Competitions will be combined in groups of 5 when possible per rules (see Championship rules below). BOYS will be combined with girls if needed.

OPEN CHAMPIONSHIP	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	O19
GIRLS / LADIES	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	720OC

BOYS / MEN	760OC	761OC	762OC	763OC	764OC	765OC	766OC	767OC	768OC	769OC	770OC

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

FUTURE CHAMPIONS

Future Champions is Open for Grade Level Dancers who are Novice and Prizewinner getting ready for champ level. Must enter at least two grade level dances at the Feis to be eligible for competition. Future Champs is for dancers who have not received the required placements to advance to Preliminary Champions. Must dance TWO ROUNDS 1. SOFT SHOE ROUND EITHER Reel (48 bars) OR Slip Jig (40 bars) 2. HARD SHOE ROUND EITHER Hornpipe (40 bars) OR Treble Jig (48 bars). This is not a championship competition, but a way to practice championship level competition in front of three judges in preparation for dancing solo in the championship level. Full awards ceremony and special awards will be given for these competitions. The cost will NOT count towards the family max.

Future Champs	U8	U9	U10	U11	U12	U13	U14
Ladies/Gents	508FC	509FC	510FC	511FC	512FC	513FC	514FC

Future Champs Set			U10	U11	U12	U13	U14
Ladies/Gent			510SD	511SD	512SD	513SD	514SD

An option to perform a Non-Traditional Set dance will also be available as a separate competition (FCSET). This competition will have 1 judge. Younger dancers (U8 and U9) are encouraged to register for their appropriate grades level traditional set dance as practice for recall at the champion level.

ADULT AND ADVANCED ADULT COMPETITIONS

An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary Championship competition of more than five competitors. Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. If a dancer chooses to compete in the youth/& over category after competing in the Adult competitions, they are required to abstain from participating in Adult competitions for a continuous period of five years.

To progress in Adult Grade levels, dancers are to follow the same progression rules as used in youth/& over categories or progress with teacher's permission.

A dancer moves into the Adult Championship level by winning 1st place in reel, slip jig, treble jig, and hornpipe in Adult Prizewinner competitions or by their teacher's permission. When a dancer begins competing in the Adult Championship level, they may not compete in Adult Grades.

Upon winning two Adult Championships, the dancer may progress on to Advanced Adult Preliminary Championship at teacher's discretion.

ADVANCED ADULT COMPETITIONS

An Advanced Adult dancer is anyone ages 18 or older who has previously placed in the top three of a Preliminary championship or competed in Open championship levels in the youth/& over levels regardless of when the competitor was active.

An Advanced Adult Preliminary dancer is defined as any dancer over the age of 18 who has previously placed in the top three of a youth Preliminary championship competition of five or more competitors or an adult dancer who has won two Adult Championship competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Preliminary. When a dancer begins competing in the Advanced Adult Preliminary level, they may not also compete in Adult Championship (unless a feis opts to combine competitions) nor in youth/& over competitions.

An Advanced Adult Open level dancer is defined as any dancer over the age of 18 who has previously competed in a youth/& over open championship competition or has won two Advanced Adult Preliminary competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Open. When a dancer begins competing in the Advanced Adult Open Championship level, they may not also compete in Adult Championship or Advanced Adult Preliminary Championship (unless a feis opts to combine competitions), nor in youth/& over competitions.

A dancer competing in Adult or Advanced Adult may not compete in the youth/& over category. Once a dancer begins competing in Advanced Adult, they may not return to youth/& over.

ADULT/ADVANCED ADULT MUSIC TEMPO and DANCE LENGTH

IN GRADE LEVEL COMPETITIONS, HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED. All grade level dances are 32 bars in length.

For Adult Championship, Advanced Adult Preliminary Championship, and Advanced Adult Open Championships, dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of the hornpipe or 48 bars of the treble jig. Advanced Adult Open Championships dancers will perform a Set Dance of choice for their third round. When a feis offers a third round for Adult or Advanced Adult Preliminary Championship, Adult Championship dancers will perform a traditional set dance, and Advanced Adult Preliminary will perform a Set Dance of choice.

COMBINING COMPETITIONS

Where there are fewer than five entries in either Advanced Adult competition (Advanced Adult PC or Advanced Adult OC) or fewer than five entries in Adult championship competitions at a feis, the feis may choose to run these competitions as one combined competition, and the feis may offer separated/disaggregated results for Advanced Adult and Adult dancers. When a feis opts to combine these competitions, first combine Advanced Adult PC and Advanced Adult OC competitions if either or both have fewer than five registered competitors, before combining the joint Advanced Adult PC/OC competition with Adult Championship.

	Beginner 1	Beginner 2	Novice	Prizewinner
ADULT REEL	299RL	399RL	499RL	599RL
ADULT LIGHT JIG	299LJ	399LJ	499LJ	599LJ
ADULT SINGLE JIG		399SN	499SN	599SN
ADULT SLIP JIG	299SJ	399SJ	499SJ	599SJ
ADULT TREBLE JIG		399TJ	499TJ	599TJ
ADULT HORNPIPE		399HP	499HP	599HP
ADULT TRADITIONAL SET		399TS	499TS	599TS

ADULT CHAMPIONSHIP					699AC	
ADVANCED ADULT PRELIMINARY						699AAPC
ADVANCED ADULT OPEN CHAMPIONSHIP						799AAOC

A teacher may exercise their discretion:

- for determination of a dancer's level in Adult or Advanced Adult categories;
- if an Adult Championship dancer does not place in two consecutive years; the dancer may then return to Adult Prizewinner;
- if an Advanced Adult Preliminary dancer does not place in two consecutive years; the dancer may then move to Adult Championship;
- if an Advanced Adult Open dancer does not place in two consecutive years; the dancer may then move to Advanced Adult Preliminary Championship.

MID-AMERICA REGIONAL DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.

2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.

3. A competitor may be disqualified for any of the following reasons:

   a. Conduct unbecoming a lady or gentleman.

   b. Failure to report on time to compete. (Penalty: disqualification from said event)

   c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

   Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.

4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.

5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.

6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.

7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.

8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).

9. Complaints must be in writing stating names and other factual information and signed by the complainant. A $25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.

10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.

11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.

12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.

13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry.

14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.

15. Photography

    a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.

    b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.

    c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:

        i. away from the dancing stages and,

        ii. requested by a consenting parent, guardian, or dancer (over the age of 18).

16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.

17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

18. A dancer may not compete in two different levels in the same dance at the same feis. (IDTAMA, 6/1/2024)

GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions: a.

   Must compete in their own age group.

   b. Must be prepared to perform two steps in each event.

2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.

3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:

   1. Two consecutive age groups, combined into the higher of the two groups, within that grade.
   2. Three consecutive age groups, combined into the highest age group, within that grade.
   3. All Boys' grades competitions shall be initially entered in single year age groups within that grade.
   4. If there are less than 5 Boys entered in any one age group within that grade, competitions may be combined in the following order:
      a. Double, All Boys, age group into the higher of the two groups within that grade
      b. If a double, All Boys age group does not create 5 or more entries, the Boys shall be combined into the corresponding single year Girls' age group.
      c. If the combined Boys and Girls age group still does not create 5 or more entries, that competition may be combined as stated in rule #2 above.
   5. 100 and 200 level competitions may be combined as follows:
      a. Ages under 8 and below, CANNOT be combined with other age groups within that grade, but Boys and Girls may be combined in the corresponding single year Girls' age group within that grade.
      b. Ages under 9 and above may first be combined into 2 consecutive age groups within that grade. If the combined competition still does not create 5 or more entries, that competition may be combined using rules 2, 3 and 4 above.

4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.

5. The syllabus is to contain all grade categories.

6. Competitors have the option to remain in the same category for the remainder of the Feis year.

7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).

8. Grade Levels

   a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

   b. **Beginner I (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

   c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

   d. **Novice Grade:** A novice who wins a 1st place will advance to the Open Prizewinner category in that particular dance.

e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.

f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

9. First Feis (if offered), Beginner I, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds. 10. The following dance speeds must be adhered to;

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus. (IDTAMA, 1/1/17)

12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only. (IDTAMA, 1/1/17)

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open Prizewinner competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed, they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement.

2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, ie Treble Reel Competition, etc.

    a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. three 1st place wins.

    b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship

3. Preliminary Championship is open to those who:

    a. Win 1st place in each of the Open Prizewinner dances (reel, slip jig, treble jig, and hornpipe) or move into Preliminary Championships with teacher's permission.

b. Have never won 1st, 2nd or 3rd in Open Championship. A Preliminary Championship dancer who wins three first place awards will move on to Open Championship at the next Feis they enter, or as soon as the third win is achieved, in any age category, in the following years. Only in the case of back-to-back feiseanna (successive days), in which case the win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.

4. A Mid-America Region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category.

5. One of the following statements MUST be in the feis syllabus:

   a. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will NOT be combined.

   OR

   b. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls WILL be combined.

6. The boys' open championship age categories will match the girls' open championship age categories.

7. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.

FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. a. There are no restrictions on figure age groups.

   b. Figure age groups will be determined by the oldest dancer.

   c. 8 hand teams are allowed to repeat dancers at all Mid-America feiseanna in accordance with the World and Regional Oireachtas rules.

2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.

2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.

3. In matters pertaining to adjudication, the decision of the adjudicators is final.

4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.

5. Championships and Preliminary Championships require at least three adjudicators.

6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis, Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under 11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in girls' competitions at the First Feis, Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
5. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to ask the dancer to put on tights. Effective March 1, 2022

MODESTY RULES

FROM AN COIMISIUN

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.

Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.

Additional Feis Rules

1. The feis committee reserves the right to split and merge competitions as necessary.
2. At the discretion of the feis committee, stage assignments may change. Announcements will be made at the original stage and/or over the public address system. It is the competitor's responsibility to report promptly to the correct stage.
3. It is the responsibility of the dancer to be at their stage at the appropriate time for competition. In the event that a dance is assigned to two or more different stages, it is the responsibility of the dancer to notify the appropriate stage manager of any potential schedule conflict.
4. Competitors must be at their assigned stage ready to compete when their competitions are ready or announced. A competitor may be eliminated from a competition for reporting late. Competitions will be closed when no more competitors are at the stage ready to compete. No competition shall be re-opened except on the sole discretion of the feis committee.
5. CAMPING IS NOT PERMITTED. Please do not cover chairs in spectator seating areas with belongings as they will be moved to allow spectator seating.
6. All medals/trophies must be picked up on the day of the feis. Only awards omitted in error will be mailed by the feis committee. You must have your competitor card to claim your awards. <u>No Exceptions.</u>
7. Any outstanding payments will be collected at the registration table on the day of the event.
8. Whenever possible, competitions will be combined in accordance with IDTANA rules to increase the likelihood of 5 or more dancers per competition.