



CHAMPIONSHIPS



**Lea Valley
High School**
Bullsmoor Lane,
Enfield, EN3 6TW

11TH

**JANUARY
2026**



**For more
information**
Contact Adrian
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ADJUDICATORS

David McCabe	ADCRG	Ireland
Katrina O'Hehir	ADCRG	England
Maria Sweeney	ADCRG	England
Carmel Lawrence	ADCRG	Ireland
Sharon Taylor	ADCRG	Scotland
Claire Keane	ADCRG	Ireland
Finbarr Conway	ADCRG	England
Owen Joe Mcauley	ADCRG	Ireland
Lisa Waites	ADCRG	England

MUSICIANS

Anthony Davis	England
Daniel Bolger	England
Majella Collins-Brooks	England

CLÁRAITHE LEIS AN COIMISIÚN LE RINCÍ GAELACHA



DEAR TEACHERS AND PARENTS,

On behalf of the Irish Dance Academy we are very excited to welcome you to **The Irish Dance Academy Championships 2026**.

We are delighted to have acquired the excellent facilities of the Lea Valley Academy. It is situated within easy reach of the M25 with parking on site.

We are very excited to announce our esteemed panel of adjudicators and three musicians. U5 Premier will be judged by one adjudicator, U6 & U7 Championship will be judged by three adjudicators. All Open Championships from U8 & Preliminary Championships from U10 upwards will be judged by a panel of six adjudicators (three for the first two rounds and three for the Set Dance). The top five will receive trophies & sashes. All Grade competitions will have trophies 1st to 3rd.

- A catering service will be available throughout the day.
- Vendors at the Feis will be: Feiswear with Chris Skehill & Redmond Rose
- Results will be provided by Instep feis Management.

Please note the closing date for entries is **Thursday 8th January 2026** and payment can be made by our secure payment entry system. Payments can be made by Credit /Debit card only at the time of entry. A £1 admin fee will be added to all transactions. Please enter using the following link. <https://www.feisbookings.com/idafeis2026>

Our Facebook page (The Irish Dance Academy Championships) will be updated throughout the event to include presentation photos and results and we look forward to welcoming you on the day. We would like to thank you all in advance for your support.

Base Hotel

Premier Inn London Enfield EN3 7XY

Follow for updates on Facebook

[The Irish Dance Academy Championships](#)



CHAMPIONSHIPS

Irish Dance Academy Championships 2026

Mixed Premier - 1 Adjudicator

Under 5 Premier	Reel (32)
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Mixed Open Championships - 3 Adjudicators

5 & Under 6	Reel (32)	Single Jig (32)	Light/Heavy Jig (32)
6 & Under 7	Reel (32)	Single Jig (32)	Light/Heavy Jig (32)

Mixed Open Championships - 6 Adjudicators

7 & Under 8	Heavy Jig (32)	Reel (40)	Trad Set
8 & Under 9	Heavy Jig (32)	Reel (40)	Trad Set
9 & Under 10	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
10 & Under 11	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
11 & Under 12	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
12 & Under 13	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
13 & Under 14	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
14 & Under 15	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
15 & Under 16	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
16 & Under 17	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
17 & Under 18	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
17 & Under 19	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
19 & U21	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
Senior Over 21	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance

100% Recall in all Championships & Prelims

Mixed Preliminary Championships

9 & Under 10	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
10 & Under 11	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
11 & Under 12	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
12 & Under 13	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
13 & Under 14	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
14 & Under 15	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
15 & Under 16	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
Over 16	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance

Open & Preliminary Championships include two solo results

Entry Fees

GRADE COMPETITIONS & CEILI CHAMPIONSHIPS (per dancer)	£6.00
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DOOR ENTRY TO BE INCLUDED WITH ENTRY	£8.00
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Under 5 Premier (1 Adjudicator)	£15.00
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Under 6 & U7 Championship (3 Adjudicators)	£35.00
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Traditional Set Cup Competition U/10 (3 Adjudicators)	£10.00
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Preliminary U10 up & Open Championships Under 8 up (6 Adjudicators)	£45.00
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Maximum for one child (Does not include door fee)	£60.00
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Family Fee Maximum (Does not include door fee)	£90.00
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Closing date for entries: Thursday 8th January 2026

Irish Dance Academy Championships 2026- Grades

TROPHIES 1st TO 3rd FOR ALL GRADE COMPETITIONS

NOVICE (Bún Grád)	COR 32 Bars REEL	PORT EADROM 32 Bars LIGHT JIG	PORT SINGIL 32 Bars SINGLE JIG	PORT LUASCA 32 Bars SLIP JIG	PORT TROM 32 Bars HEAVY JIG	CORNPHIOPA 32 Bars HORNPIPE	
5 & Under 6	a	a	a	a			
6 & Under 7	a	a	a	a			
7 & Under 8	a	a	a	a			
8 & Under 9	a	a	a	a			
9 & Under 10	a	a	a	a			
10 & Under 11	a	a	a	a			
11 & Under 12	a	a	a	a			
PRIMARY (Tús Grád)	COR 32 Bars REEL	PORT EADTROM 32 Bars LIGHT JIG	PORT SINGIL 32 Bars SINGLE JIG	PORT LUASCA 32 Bars SLIP JIG	PORT TROM 32 Bars HEAVY JIG	CORNPHIOPA 32 Bars HORNPIPE	
Under 6	a	a	a	a	a	a	
6 & Under 7	a	a	a	a	a	a	
7 & Under 8	a	a	a	a	a	a	
8 & Under 9	a	a	a	a	a	a	
9 & Under 10	a	a	a	a	a	a	
10 & Under 11	a	a	a	a	a	a	
11 & Under 12	a	a	a	a	a	a	
12 & Under 14	a	a	a	a	a	a	
OVER 14	a	a	a	a	a	a	
INTERMEDIATE (Mean Grád)	COR 32 Bars REEL	PORT EADTROM 32 Bars LIGHT JIG	PORT SINGIL 32 Bars SINGLE JIG	PORT LUASCA 32 Bars SLIP JIG	PORT TROM 32 Bars HEAVY JIG	CORNPHIOPA 32 Bars HORNPIPE	
Under 6	a	a	a	a			
6 & Under 7	a	a	a	a			
7 & Under 8	a	a	a	a	a	a	
8 & Under 9	a	a	a	a	a	a	
9 & Under 10	a	a	a	a	a	a	
10 & Under 11	a	a	a	a	a	a	
11 & Under 12	a	a	a	a	a	a	
12 & Under 14	a	a	a	a	a	a	
OVER 14	a	a	a	a	a	a	
OPEN (Ard Grád)	COR 32 Bars REEL	PORT EADTROM 32 Bars LIGHT JIG	PORT SINGIL 32 Bars SINGLE JIG	PORT LUASCA 32 Bars SLIP JIG	PORT TROM 32 Bars HEAVY JIG	CORNPHIOPA 32 Bars HORNPIPE	SET DANCE

UNDER 9

OPEN SET

Under 10	Under 12	Under 15	Over 15
4 Hand Reel	4 Hand Reel	4 Hand Reel	4 Hand Reel
Humours of Bandon	Humours of Bandon	Humours of Bandon	Humours of Bandon
Fairy Reel	Fairy Reel	Fairy Reel	Fairy Reel
Progressive Dance	Progressive Dance	Progressive Dance	Progressive Dance
Ceili Championship	Ceili Championship	Ceili Championship	Ceili Championship

The Irish Dance Academy Championship

2025 Winners

Mixed	U5	EMMA ROSE BROWN	SYLVAN KELLY
Mixed	U6	WALTER LEACH	FRB ACADEMY
Mixed	U7	MIA HOEY	KEANE ACADEMY
Mixed	U8	SADIE CLARK-SINGLETON	CARA - GAEL
Mixed	U9	HERMIONE WILLIAMS	FORRESTALL
Mixed	U9	RAFFERTY STEVENS-BROOKS	BROOKS ACADEMY
Mixed	U11	BEIBHINN MULDOON	CLANN-McCAUL
Mixed	U12	LEO COATES	MARIE CONNELL
Mixed	U13	EVA MOSS	BROOKS ACADEMY
Mixed	U14	AVA DINEEN	THE IRISH DANCE ACADEMY
Mixed	U15	ROBYN O'SHEA	COWHIE-RYAN McCOLE
Mixed	U16	NIAMH CULLEN	CLANN-McCAUL
Mixed	U17	BLAITHIN MOHAN	CLANN-McCAUL
Mixed	U18	ROISIN McINTYRE	CALLANAN MACLOONE O'MEARA
Mixed	U19	GRACE BUTTERWORTH	KEEGAN ACADEMY
Mixed	U20	Se O'TOOLE	BROOKS ACADEMY
Mixed	O/20	ANNALISE CARTER	AMDC
Prelim	10	ROBYN HOUSLEY-SMITH	GLENDARRAGH
Prelim	11	LILIANA TOKARCZYK	CARA GAEL
Prelim	12	THOMAS SHANLEY	HERLIHY BURGOINE
Prelim	13	SUMMER DOYLE	BROOKS ACADEMY
Prelim	14	AUSTIN PATERSON	CLADDAGH
Prelim	15	VANESSA VALENTOVA	MAGUIRE-OSHEA
Prelim	16	CIARRA HORROCKS	SEAN EIREANN
Prelim	O16	LIBBY TURNER	MAGUIRE-OSHEA

**Please ensure that your cup is returned on time or
contact ADRIAN 07871526029 if you want to
return by post.**

Preliminary Championships in England, Scotland and Wales

Implementation date 1st January 2021

§ A minimum number of three Adjudicators must officiate.

§ The first age group for a Preliminary Championship is Under 10.

§ Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.

§ Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.

§ Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.

§ Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.

§ For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.

§ Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.

§ Dances performed in a Preliminary Championships do not count for grading in solo competitions.

§ Competitors that qualify for and compete in Oireachtas Rince na Cruinne in the previous 12 months cannot compete in a Preliminary Championship *except where the dancer auto qualified at their Regional or National Oireachtas due to lack of numbers*.

§ Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 months.

PLEASE NOTE THE ABOVE RULES ARE NOT RETROSPECTIVE

Awards - Medals & Trophies

2 medals/trophies = 5 or less - 4 medals = 6 to 10 competitors

7 medals = 11 to 20 competitors - 10 medals = 21 to 30 competitors

14 medals = 31 to 40 competitors

1 medal for each additional 5 or part of 5 competitors

Standard Rules for SER Feiseanna – 2026

- 1 Lodgement of entries implies that you acknowledge and accept all of the Rules of An Coimisiun Le Rinci Gaelacha and the Southern England Regional Council plus the additional rules listed below, relating to the Feis.
- 2 Entries will only be accepted from Schools registered with An Coimisiun Le Rinci Gaelacha and entry forms must be signed by the registered teacher. Entries with no fee will not be processed or acknowledged.
- 3 New entries may be taken on the day of the Feis in line with SERC late entry rule.
- 4 **Ages to be taken from 1st January 2026.**
- 5 All competitors may be required to produce their birth certificate / passport as proof of age.
- 6 Competitors must dance in their own age group for solo competitions except where there is no competition in their age group for that particular dance. Dancers cannot compete in a younger age group.
- 7 All decisions of the Adjudicators are FINAL.
- 8 Only the committee members may approach the Adjudicators during competitions.
- 9 ALL Grade Competitions are OPEN to all Regions.
- 10 **Competitors may only dance each dance in one grade.**
- 11 Where there are five or less competitors in a competition, results will not affect their grading.
- 12 In all Heavy dances the lead around must be danced on both the right and left foot.
- 13 A Novice is a dancer who has not gained a 1st, 2nd or 3rd place in a Novice Grade competition or any medal in a higher grade for that particular dance.
- 14 The basic step rule will apply to all Novice competitions as per the Southern England Regional Council.
- 15 The Primary Grade is for dancers who have not won a 1st or 2nd place for that particular dance in any Age Group.
- 16 All Novice and Primary dancers may only wear a class costume, simple dancewear or appropriate attire (skirt & top or simple dress for girls and trousers, shorts and t-shirt or shirt for boys) in competitions up to and including the Under 12 Age Group. Make-up will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide. Failure to comply with this rule may lead to disqualification.
- 17 The Intermediate Grade is for dancers who have not won a 1st place for that particular dance in a particular Age Group, or who has not won a Premier competition, Preliminary Championships or Open Championship.
- 18 Intermediate competitors can dance their grade dances and either the Preliminary or Open Championship.
- 19 The adjudication panel is at the discretion of the Feis organiser.
- 20 An Coimisiun has ruled that from 1st January of each year, that no block, en pointe, stationary or moving be allowed to be performed for all ages up to and including the under 12 age group Worldwide. The Under 12 Age Group will be allowed to Toe Walk from 1st September.
- 21 The Feis Organiser must provide non-slip flooring for every dance surface, however the Feis Organiser cannot accept any liability for injury sustained whilst dancing.
- 22 Any competitor found to be using artificial carriage aids and subsequently refuses to remove same will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling.
- 23 In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or any arm attachments by the time of their rotation they will not be permitted to perform.
- 24 Make-up Rule (4.5 in CLRG Rule Book) 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (POINT OF CLARIFICATION) For the purpose of this rule the term "Make-up" includes tinted moisturiser and any artificial tanning products. An Coimisiun hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended.
- 25 Dancers must be properly attired throughout the whole competition and must be in full costume and appropriate footwear when receiving awards. No changing allowed in competition areas.
- 26 Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in all competitions.
- 27 Photographs taken at awards ceremonies are permitted, however these must be for your own use and not used for public display purposes, unless permission has been obtained.
- 28 Any competition can be moved to another hall at the discretion of the Feis Secretary.
- 29 All Championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.
- 30 Parents are responsible for the conduct of their children, at all times, whilst attending the Feis.
- 31 The Feis Organiser accepts no responsibility for any loss or damage to personal property.
- 32 No Smoking, eating or drinking in any of the halls, except in designated areas.
- 33 Objections against any breach of the above rules must be made in writing, and signed, to the Feis Secretary and accompanied by a fee of £25.00, which will be refunded if the objection is upheld. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.
- 34 Competitors in Bun Grad & Tus Grad, up to and including the Under 12 age group, may only wear traditional class costumes or long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/ trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
- 35 Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to ask the dancer to wear tights.
- 36 Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage as per the illustration attached. (See Addendum A). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicator on the panel must agree to ask the dancer to put on tights
- 37 **Costumes (including headwear) worn in championship competitions must not include any "Identifying Designs". "Identifying Designs" are defined as any element on any costume worn in a championship solo competition identifying a status of achievement or an Irish dance competition award (i.e. GLOBES). Effective date 1st September 2025.**