

Martina & Mark Skehill

Present the 11th

Hertfordshire Championships

Sunday 8th June 2025

King Langley Secondary School, Love Lane, WD4 9HN



ADJUDICATORS

Andrea McQuaid

Conor O'Sullivan

Deborah Whelan

Julie Loughlin

Lisa Waites

Nadine Martin

Sharon Taylor

Sonya Magill

Tara Loughran

MUSICIANS

Aidan O'Neill - Daniel Bolger - Majella Collins-Brooks

Cláirthe feis An Coimisiún le Rincí Gaelacha

CLOSING DATE : MONDAY 2nd JUNE 2025 - ALL ENTRIES MUST BE PREPAID BY BANK TRANSFER -
DUE TO THE FEIS BEING RUN ON ONE DAY IT MAY NOT BE POSSIBLE TO ENTER ON THE DAY, PLEASE
ENTER EARLY TO AVOID ANY DISAPPOINTMENT

Feis Secretary: Mark Skehill, ADCRG

Teachers only please-Tel: 07776 176867- Email: mark.skehill@btinternet.com

Check updates on Website: [HTTPS://WWW.INSTEPFM.COM](https://www.instepfm.com)

2025 Hertfordshire Championships



Dear Teachers & Parents,

The *11th Hertfordshire Championships* will be held Sunday 8th June 2025.

Kings Langley Secondary School is once again the venue for this year's event. Under 10 to Under 16 Girls Championships will incorporate a Preliminary Result to be produced after two rounds of the championship **(If there are 15 or more preliminary entries in the U10 to U16 age groups a separate Preliminary Championship will be run)**. A separate Preliminary Championship is available for the Over 16 with a Light, Heavy & Set Round. Separate Boys Championships U9, U11, U13, U15 U17, U19 & O19. The Mixed Premiers U6 & U7 age groups will have 1 adjudicator and the Over 16 Preliminary will be adjudicated by a panel of 3. The U8 Girls, U9 Girls & Boys Championships will be adjudicated by a panel of 3.

All Open Boys, Men, Girls & Ladies Championships from Under 10 will have two solo results and will be adjudicated by a panel of 6 (3 for Rounds 1 & 2 and 3 for the Set Dance Round). Once again we will be holding a "Tiny Tots" competition for competitors who are not yet ready to perform their Reel in the Grades competition, competitors will perform 16 bars of a Reel.

Vendors at the Feis will be: Chris Skehill with Feiswear & Redmond Rose.

Entries & Results will be provided by Instep Feis Management.

There will be hot and cold refreshments available from our canteen. To minimise cash handling we will have the facility to accept card payments.

Please note the closing date is Monday 2nd June 2025 and all entries are to be emailed to desilke@instepfm.com or desilke648@icloud.com.

ALL PAYEMNTS BY BANK TRANSFER.

PLEASE NOTE THAT ALL ENTRIES MUST BE PREPAID AND ENTRIES ON THE DAY WILL BE AT THE FEIS ORGANISERS DISCRETION.

Looking forward to welcoming you all to Hertfordshire in June.

Mark & Martina Skehill

ACCOMMODATION:

Holiday Inn Hemel Hempstead, HP2 4UA
Holiday Inn Express - Hemel Hempstead, HP3 9 RH
Premier Inn - King's Langley, WD4 8BR
Premier Inn - Hemel Hempstead, HP1 1BT

11th Hertfordshire Championships - 8th June 2025

Mixed Premier - 1 Adjudicator

U6 Mixed	Reel (40)	Light Jig (40) OR Single Jig (40)
6 & U7 Mixed	Reel (40)	Light Jig (40) OR Single Jig (40)

Boys & Girls OPEN Championships - 3 Adjudicators

7 & Under 8 Girls	Heavy Jig (40 bars)	Trad Set	Reel (40 bars)
8 & Under 9 Girls	Heavy Jig (40 bars)	Trad Set	Reel (40 bars)
Under 9 Boys	Heavy Jig (40 bars)	Trad Set	Reel (40 bars)

Girls OPEN Championships with a Mixed Preliminary Result after two rounds & 2 solo results

A separate preliminary championship will be run if there are 15 or more in an age group

9 & Under 10	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Trad or Open Set
10 & Under 11	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Open Set Dance
11 & Under 12	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Open Set Dance
12 & Under 13	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Open Set Dance
13 & Under 14	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Open Set Dance
14 & Under 15	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Open Set Dance
15 & Under 16	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Open Set Dance

Girls & Ladies OPEN Championships, includes 2 solo results

16 & Under 17	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Open Set Dance
17 & Under 18	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Open Set Dance
18 & Under 20	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Open Set Dance
Senior Over 20	Heavy Jig (48) or Hornpipe (40)	Reel (48) or Slip Jig (40)	Open Set Dance

Boys OPEN Championships from Under 11, includes 2 solo results

9 & Under 11	Heavy Jig (48) or Hornpipe (40)	Reel (48)	Trad or Open Set
11 & Under 13	Heavy Jig (48) or Hornpipe (40)	Reel (48)	Open Set Dance
13 & Under 15	Heavy Jig (48) or Hornpipe (40)	Reel (48)	Open Set Dance
15 & Under 17	Heavy Jig (48) or Hornpipe (40)	Reel (48)	Open Set Dance
17 & Under 19	Heavy Jig (48) or Hornpipe (40)	Reel (48)	Open Set Dance
Senior Over 19	Heavy Jig (48) or Hornpipe (40)	Reel (48)	Open Set Dance

Mixed Preliminary Championship, includes 2 solo results

Over 16	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
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Entry Fees

TINY TOTS - GRADE COMPETITIONS & CEILI CHAMPIONSHIPS	£6.00
DOOR FEE PER ADULT - PAYABLE ON ENTRY TO THE FEIS (Children Free)	£5.00
UNDER 6 & UNDER 7 PREMIERS (1 Adjudicator)	£30.00
PRELIMINARY CHAMPIONSHIPS from Under 10	£45.00
OPEN CHAMPIONSHIPS from Under 8	£45.00
Maximum for 1 Dancer	£60.00
Family Maximum	£95.00

Email your entry pack to: desilke@instepfm.com or desilke648@icloud.com

CLOSING DATE IS MONDAY 2nd JUNE 2025

11th HERTFORDSHIRE CHAMPIONSHIPS - GRADES

TINY TOTS	16 BARS OF A REEL					
NOVICE (Bún Grád)	TROPHY	TROPHY	TROPHY	TROPHY		
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG		
Under 6	122-124	116	124	124		
6 & Under 7	122-124	116	124	124		
7 & Under 8	122-124	116	124	124		
8 & Under 9	122-124	116	124	124		
9 & Under 10	122-124	116	124	124		
10 & Under 11	122-124	116	124	124		
11 & Under 12	122-124	116	124	124		
PRIMARY (Tús Grád)	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG	HEAVY JIG	HORNSPIPE
Under 6	116-118	116	124	120		
Under 7	116-118	116	124	120		
7 & Under 8	116-118	116	124	120	76/96	118/144
8 & Under 9	116-118	116	124	120	76/96	118/144
9 & Under 10	116-118	116	124	120	76/96	118/144
10 & Under 11	116-118	116	124	120	76/96	118/144
11 & Under 12	116-118	116	124	120	76/96	118/144
12 & Under 14	116-118	116	124	120	76/96	118/144
14 & Under 16	116-118	116	124	120	76/96	118/144
INTERMEDIATE (Mean Grád)	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG	HEAVY JIG	HORNSPIPE
Under 6	113	116	124	113	INT/OPEN SET DANCE U6	
Under 7	113	116	124	113	INT/TRAD SET DANCE U7	
7 & Under 8	113	116	124	113	73	113
8 & Under 9	113	116	124	113	73	113
9 & Under 10	113	116	124	113	73	113
10 & Under 11	113	116	124	113	73	113
11 & Under 12	113	116	124	113	73	113
12 & Under 14	113	116	124	113	73	113
14 & Under 16	113	116	124	113	73	113
Over 16	113	116	124	113	73	113
OPEN (Ard Grád)	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG	HEAVY JIG	HORNSPIPE
Under 6	113	116	124	113	U- 73/76/96	U- 113/118/144
6 & Under 7	113	116	124	113	U- 73/76/96	U- 113/118/144
7 & Under 8	113	116	124	113	73	113
8 & Under 9	113	116	124	113	73	113
CEILI AGE GROUPS - Under 11, Under 13, Under 16 & Over 16						
4 Hand Reel - Humours of Bandon - Fairy Reel - 8 Hand Dance - Figure & Progressive Dance						

Standard Rules for SER Feiseanna – 2025

- 1 Lodgement of entries implies that you acknowledge and accept all of the Rules of An Coimisiun Le Rinci Gaelacha and the Southern England Regional Council plus the additional rules listed below, relating to the Feis.
- 2 Entries will only be accepted from Schools registered with An Coimisiun Le Rinci Gaelacha and entry forms must be signed by the registered teacher. Entries with no fee will not be processed or acknowledged.
- 3 New entries may be taken on the day of the Feis in line with SERC late entry rule.
- 4 **Ages to be taken from 1st January 2025.**
- 5 All competitors may be required to produce their birth certificate / passport as proof of age.
- 6 Competitors must dance in their own age group for solo competitions except where there is no competition in their age group for that particular dance. Dancers cannot compete in a younger age group.
- 7 All decisions of the Adjudicators are FINAL.
- 8 Only the committee members may approach the Adjudicators during competitions.
- 9 ALL Grade Competitions are OPEN to all Regions.
- 10 **Competitors may only dance each dance in one grade.**
- 11 Where there are five or less competitors in a competition, results will not affect their grading.
- 12 In all Heavy dances the lead around must be danced on both the right and left foot.
- 13 A Novice is a dancer who has not gained a 1st, 2nd or 3rd place in a Novice Grade competition or any medal in a higher grade for that particular dance.
- 14 The basic step rule will apply to all Novice competitions as per the Southern England Regional Council.
- 15 The Primary Grade is for dancers who have not won a 1st or 2nd place for that particular dance in any Age Group.
- 16 All Novice and Primary dancers may only wear a class costume, simple dancewear or appropriate attire (skirt & top or simple dress for girls and trousers, shorts and t-shirt or shirt for boys) in competitions up to and including the Under 12 Age Group. Make-up will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide. Failure to comply with this rule may lead to disqualification.
- 17 The Intermediate Grade is for dancers who have not won a 1st place for that particular dance in a particular Age Group, or who has not won a Premier competition, Preliminary Championships or Open Championship.
- 18 Intermediate competitors can dance their grade dances and either the Preliminary or Open Championship.
- 19 The adjudication panel is at the discretion of the Feis organiser.
- 20 An Coimisiun has ruled that from 1st January of each year, that no block, en pointe, stationary or moving be allowed to be performed for all ages up to and including the under 12 age group Worldwide. The Under 12 Age Group will be allowed to Toe Walk from 1st September.
- 21 The Feis Organiser must provide non-slip flooring for every dance surface, however the Feis Organiser cannot accept any liability for injury sustained whilst dancing.
- 22 Any competitor found to be using artificial carriage aids and subsequently refuses to remove same will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling.
- 23 In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or any arm attachments by the time of their rotation they will not be permitted to perform.
- 24 Make-up Rule (4.5 in CLRG Rule Book) 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (POINT OF CLARIFICATION) For the purpose of this rule the term "Make-up" includes tinted moisturiser and any artificial tanning products. An Coimisiun hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended.
- 25 Dancers must be properly attired throughout the whole competition and must be in full costume and appropriate footwear when receiving awards. No changing allowed in competition areas.
- 26 Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in all competitions.
- 27 Photographs taken at awards ceremonies are permitted, however these must be for your own use and not used for public display purposes, unless permission has been obtained.
- 28 Any competition can be moved to another hall at the discretion of the Feis Secretary.
- 29 All Championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.
- 30 Parents are responsible for the conduct of their children, at all times, whilst attending the Feis.
- 31 The Feis Organiser accepts no responsibility for any loss or damage to personal property.
- 32 No Smoking, eating or drinking in any of the halls, except in designated areas.
- 33 Objections against any breach of the above rules must be made in writing, and signed, to the Feis Secretary and accompanied by a fee of £25.00, which will be refunded if the objection is upheld. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.
- 34 Competitors in Bun Grad & Tus Grad, up to and including the Under 12 age group, may only wear traditional class costumes or long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/ trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
- 35 Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to ask the dancer to wear tights.
- 36 Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage as per the illustration attached. (See Addendum A). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicator on the panel must agree to ask the dancer to put on tights

Preliminary Championships in England, Scotland and Wales

Effective 1st January 2021

- A minimum number of three Adjudicators must officiate.
- The first age group for a Preliminary Championship is Under 10.
- Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
- Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
- Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
- Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.
- For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
- Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.
- Competitors that qualify for and compete in Oireachtas Rince na Cruinne in the previous 12 months cannot compete in a Preliminary Championship *except where the dancer auto qualified at their Regional or National Oireachtas due to lack of numbers*.
- Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 months.

PLEASE NOTE THE ABOVE RULES ARE NOT RETROSPECTIVE

Awards

2 medals/trophies = 5 or less - 4 medals = 6 to 10 competitors
7 medals = 11 to 20 competitors - 10 medals = 21 to 30 competitors
14 medals = 31 to 40 competitors
1 medal for each additional 5 or part of 5 competitors

General Data Protection Regulations (GDPR)

The Hertfordshire Championships Committee and teachers of Celtic Hearts Irish Dance will protect all user's information in accordance with the EU General Data Protection Regulation 2018.

The Teachers of Celtic Hearts Irish Dance are fully paid up members of CLRG and comply with all CLRG GDPR Regulations currently in place as regards to running Feiseanna.

Data collected will be via the completed entry pack that is available for download from <https://www.instepfm.com>. All the data in the entry pack will be stored on a password protected laptop and only shared with the Feis Organiser.

2024 WINNERS - 10th Hertfordshire Championship Winners

Mixed	U6	ORLA WHITE	KEADY ACADEMY
Mixed	U7	SADIE CLARK-SINGLETON	CARA GAEL
Girls	U8	SHELBY HUNT	GLENDARRAGH ACADEMY
Girls	U9	SAVANNAH ZHU	RINCE RYAN
Boys	U9	RAFFERTY BROOKS STEVENS	BROOKS ACADEMY
Girls	U10	ELLIE MAI HEADD-McDERMOTT	HEADD-McDERMOTT ACADEMY
Prelim	U10	ARLANA CUNNINGHAM	HERLIHY BURGOINE
Girls	U11	NELA FUSKO	MURCHU-DUIGINN SCHOOL
Boys	U11	MALACHY JACK BROOKS	COLLINS-BROOKS SCHOOL
Prelim	U11	IMOGEN BURKE WATSON	SCOIL RINCE CEIM OIR
Girls	U12	EVA JANE MOSS	BROOKS ACADEMY
Prelim	U12	ERIN MAHONEY	MURCHU-DUIGINN SCHOOL
Girls	U13	MARIA COCO PUENTE DE LA VEGA	KELLY HENDRY SCHOOL
Boys	U13	CALLUM HAMMOND	SCOIL RINCE CEIM OIR
Prelim	U13	DEARBHLA BYRNE	SMITH REILLY SCHOOL
Girls	U14	ORLAITH KELLY	NADINE MARTIN ACADEMY
Prelim	U14	RHEA BURGESS	SCOIL RINCE RYAN-LAVELLE
Girls	U15	ANNA BORISENKO	SCOIL RINCE CEIM OIR
Boys	U15	LUKE McMORROW	MAGUIRE O'SHEA ACADEMY
Prelim	U15	ISHA THANEKAR	AMDC
Girls	U16	SIENNA SKEHILL	CELTIC HEARTS IRISH DANCE
Prelim	U16	SIENNA FOOTITT	SKEHILL ACADEMY
Girls	U17	LAURA CAROLEO	CELTIC HEARTS IRISH DANCE
Boys	U17	ARCHIE COUGHLAN	MURCHU-DUIGINN SCHOOL
Ladies	U18	KATIE BYRNE	KAVANAGH PORTER ACADEMY
Men	U19	SE O'TOOLE	BROOKS ACADEMY
Ladies	U20	SHAUNA MEEHAN	THE IRISH DANCE ACADEMY
Ladies	O20	LILY McDONNELL	THE IRISH DANCE ACADEMY
Prelim	O16	GENESIS LIMA CHUNCHO	DEBORAH WHELAN DANCE



11th HERTFORDSHIRE CHAMPIONSHIPS - SUNDAY 8th JUNE 2025

King Langley Secondary School, Love Lane, WD4 9HN



THEATRE

DANCE STUDIO

GRADES HALL

8:00 AM	UNDER 10 & UNDER 11 BOYS & GIRLS ROTATING - R1 & R2	8:00 AM	UNDER 8 GIRLS	8:00 AM	UNDER 6 NOVICE, PRIMARY, INTERMEDIATE, OPEN & PREMIER	UNDER 7 NOVICE, PRIMARY, INTERMEDIATE, OPEN & PREMIER
		8:45 AM	UNDER 9 BOYS & GIRLS RESULTS U8 & U9			
9:30 AM	UNDER 12 & UNDER 13 BOYS & GIRLS ROTATING - R1 & R2	10:00 AM	UNDER 11 BOYS SETS UNDER 10 & 11 GIRLS SETS RESULTS U10 & U11	10:00 AM	UNDER 8 NOVICE, PRIMARY, INTERMEDIATE & OPEN	UNDER 9 NOVICE, PRIMARY, INTERMEDIATE & OPEN
			UNDER 13 BOYS SETS UNDER 12 & 13 GIRLS SETS RESULTS U12 & U13			
11:45 AM	UNDER 14 & UNDER 15 BOYS & GIRLS ROTATING - R1 & R2	11:30 AM	UNDER 15 BOYS SETS UNDER 14 & 15 GIRLS SETS RESULTS U14 & U15	12:30 PM	UNDER 10 NOVICE, PRIMARY & INTERMEDIATE	UNDER 11 NOVICE, PRIMARY & INTERMEDIATE
2:00 PM	TINY TOTS	2:00 PM	UNDER 17 BOYS SETS UNDER 16 & 17 GIRLS SETS RESULTS U16 & U17			
2:30 PM	UNDER 16 & UNDER 17 BOYS & GIRLS ROTATING - R1 & R2	3:30 PM	UNDER 19 MENS SETS UNDER 18 LADIES SETS UNDER 20 LADIES SETS SENIOR SETS	2:30 PM	UNDER 12 NOVICE, PRIMARY & INTERMEDIATE	UNDER 14 PRIMARY & INTERMEDIATE
3:30 PM	UNDER 18, U19 MEN, UNDER 20 & SENIOR LADIES & MEN ROTATING - R1 & 2	4:30 PM		3:30 PM	UNDER 16 GRADES	OVER 16 INTERMEDIATE
5:30 PM	RESULTS U19 MEN RESULTS U18 & U20 RESULTS SENIOR				OVER 16 PRELIMINARY - ALL ROUNDS	
6:30 PM	HALL CLOSED	6:00 PM	HALL CLOSED	5:30 PM	HALL CLOSED	

PLEASE BE READY TO DANCE 30 MINUTES BEFORE YOUR SCHEDULED START TIME